



Himlung peak climbing I Himlung Expedition - Itinerary

1. Day 1

Arrival in Kathmandu airport and our airport official person will transfer to hotel (1350m/ 4435ft)

2. Day 2

Preparation day handing around check equipment and meeting with the team members and guide shopping overnight stay in Kathmandu.

3. Day 3

Drive from Kathmandu to Besishar/ Bhulbule (840m) 6/ 7 hrs drive and overnight in lodge

4. Day 4

Trek form Bhulbue to Jagat (1300m) 5/ 6 hrs Overnight at Lodge

5. Day 5

Trek Jagat to Dharapani (1860 m) 5/6 hrs – Lodge

6. Day 6

Walk from Dhaprapani to Koto (2670m) 5/6 hrs / Koto Lodge

7. Day 7

Trek from Koto to Dharmasla (1860m) 5/ 6 hrs Camping

8. Day 8

Trek form Dharapani to Phu Khola /Camping

9. Day 9

Trek form Phu Khola to PhuGaun/ Camping

10. Day 10

Trek aroud in Phu gaun PhuGaun acclimatization day

11. Day 11

Trek from Phu to Himlung Base Camp

12. Day 12-Day24

Day 12 to Day 24 - Extra acclimatization and Climbing period

13. Day 25

Trek Base camp to Phu Gaun/ Camping

14. Day 26

Trek to Koto / Camping 6/7 hrs

15. Day 27

Koto to Syange (1100m)/ Lodge 5/ 6 hrs jeep drive

16. Day 28

Syange to Beshishar 4/ 5 hrs drive

17. Day 29

Beshishar to Kathmandu- 6/7 hrs drive

18. Day 30

Departure day

URL: <https://www.sunriseadventuretrek.com>