



## **Marsyangdi River Rafting - Itinerary**

### **1. Drive to Besisahar**

After breakfast, we take a bus to Besisahar which takes about 4 hours to reach there. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **2. Trek to khudi to Bhulbule**

Today, we trek to Khudi like couple of hours and then to Bhulbule in one hour, briefly description of measures while rafting and training by guides. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **3. Hike up to Nagdi**

After breakfast, we hike up to Nagdi, exploring beautiful sloppy lands and local culture of people with different traditions and customs. Rafting in Marsyangdi for 3 or 4 hours. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **4. Relax**

This day is organized for relaxing; go walking with observation of beautiful floras and faunas. Meals included: Breakfast, lunch and dinner and finally an overnight stay in trekking lodge.

### **5. Back to Kathmandu**

After breakfast, we take a bus back to Kathmandu. Meals included: Breakfast, and finally an overnight stay in hotel. Attend the evening dinner and cultural program provided by the company.

URL: <https://www.sunriseadventuretrek.com>