



## **Center Tibet Tour - Itinerary**

### **1. Day 1: Depart from Katmandu for Neyalam (3600m)**

Departure at 0530 hrs from The infront of Sanjayakosh building in Thamel. Approx. 05 hours drive to Kodari ( China/Nepal boarder ), Half an hour drive to Zhangmu, where after completion of immigration formalities we drive further to Neylam following BhoteKoshi river in a deep valley with some overflowing waterfalls. Overnight in guesthouse.

### **2. Day 2: Neylam-Lhatse (4050m)**

Drive through Neylam Pass (3800m) with the view of Jugal Himal. A continued drive via Lalungla Pass (5050m) has some of the outstanding view of Mt. Xixapangma (8013m highest in Tibet ) Mt. Makalu (8464m), Mt. Lhotse (8516m), Mt. Cho Oyu (8201m) and Mt.Everest (8848m). Overnight in guesthouse.

### **3. Day 3: Lhatse-Xigatse (3900m)**

Depending upon the road condition we visit Shakya Monastery which is 52 kms return journey off the main road Shakya Monastery is one of the oldest monasteries in Tibet . Drive to Xigatse, the place of the famous Tashilumpo Monastery and the seat of Panchen Lama. Overnight at Hotel Samdrupse or similar standard.

### **4. Day 4: Xigatse-Gyantse (3950m)**

After visiting TashiLumpo Monastery in the morning including the Bazaar of Xigatse. Drive to Gyantse, which is 02 hrs. Gyantse is small bustling town steeped in history. It lies 264 kms. Southwest of Lhasa on the northern bank of Nyang Chu river. In the 15th century it served as the capital of a small Kingdom. Visit Kumbum Chorten which was built around 1400 AD. It later became the main center for trade with British India . Overnight in Hotel.

### **5. Day 5: Gyantse-Lhasa (3650m)**

08-hrs drive takes you to Lhasa crossing the Karo La Pass (5010m) and Kambala Pass (4794m). The Karo La climbs between two lofty mountains, Nozing Khang Sa (7223m) and Ralung (6236). While driving you will see the Yamdrok Tso ( Turquoise Lake ) which takes approx. 1 hour to cross around. After passing Kamba La, Lhasa valley is seen to the north. You will also cross the Brahmaputra River. Reaching Lhasa and check into hotel. The accompanied guide will reconfirm your onward airline ticket. Overnight in hotel.

### **6. Day 7: In Lhasa**

These days you will be engrossed with sightseeing and excursions of the Potala Palace , the Jokhang temple, surrounding Barkhor market, Drepung Monastery and Sera Monastery. Overnight in hotel.

### **7. Day 8: Lhasa-Kathmandu**

In the morning after breakfast 1 hour drive to Gonggar Airport and fly back to Kathmandu.

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